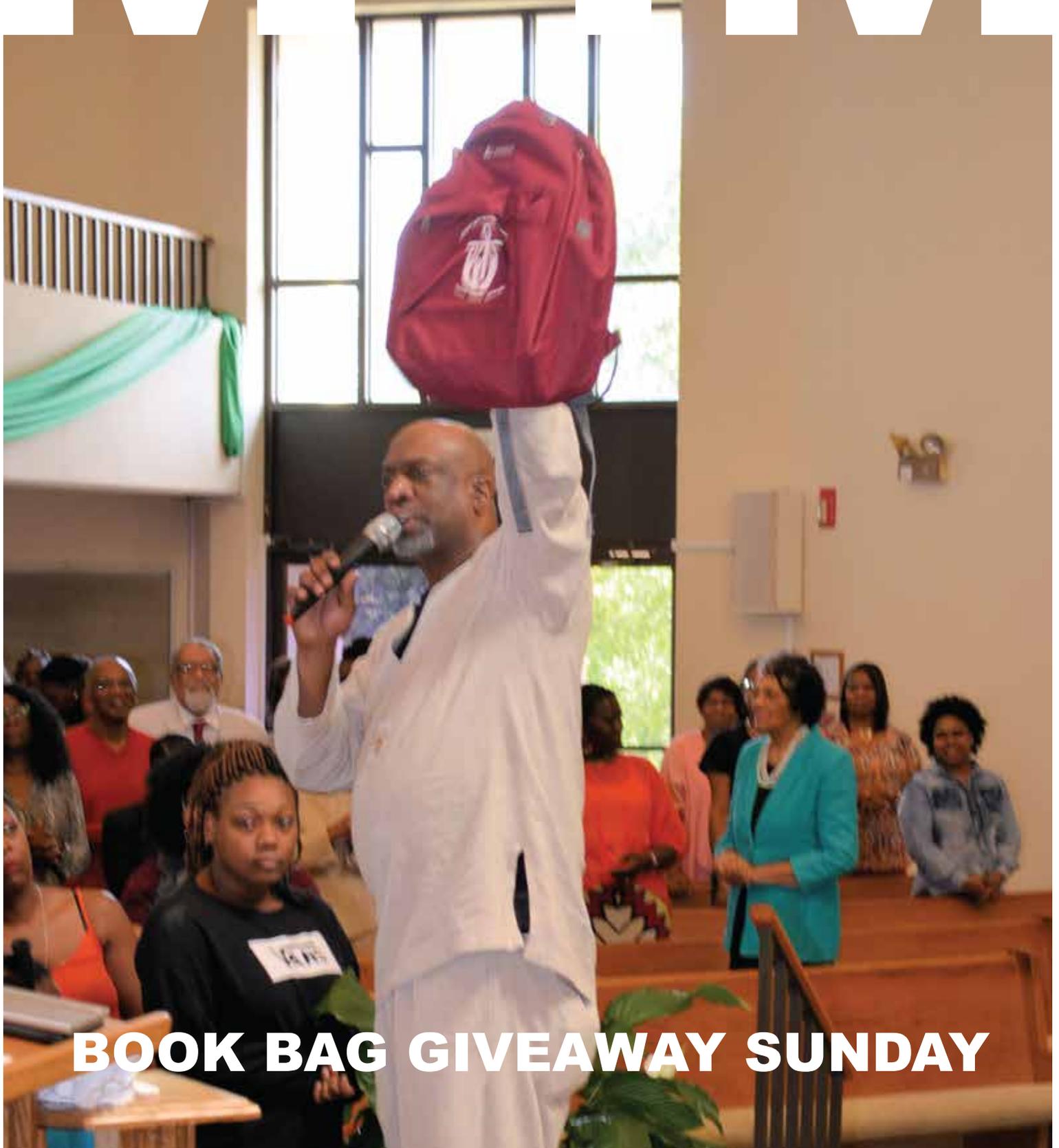


MESSAGE FROM THE MOUNT

V F I M



BOOK BAG GIVEAWAY SUNDAY

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PASTOR'S PEN



Namaste My Brothers and Sisters in Christ,

We greet you in the name of our Lord and Savior, Jesus, The Christ. We are so thankful and grateful that God has allowed us to see another first Sunday in this fast paced year. Many of us came back from a summer filled with activities, reunions as well as “staycations” and September did not disappoint us. In addition to our powerful regularly scheduled wordship experiences, our Women’s Day weekend proved to be renewing, empowering and healing. Let me thank every Sisters at the Well facilitator, every preacher and supporting team in a job well done.

We concluded the month celebrating the dedicated service of the men and women who lead the various ministries and groups of this congregation. We owe a debt of gratitude for their sacrifice and labor of love on behalf of God and this congregation. We appreciate you. We salute you.

As a part of our extended outreach, we celebrate the production *Trumpednotized* written and produced by our very own, Rev. Ina Alisa Anderson. What a powerful and transformative presentation. We are also appreciative of the disciples of Mount Aery who assisted via cast and crew as Mount Aery continues to be a resource church both inside and outside the walls of our building.

The month of October promises to be another powerful and eventful month. In October, we will celebrate the service of Pastor Porsha Williams as she will assume the position of Youth Pastor of the Bethany Baptist Church located in Newark, New Jersey. Although we will miss her dearly, we celebrate with her and are proud of her accomplishments.

Also in October, we will introduce Shanna Melton in her role as MAAFA presentation director. This year’s theme is MAAFA Legacy Production. Leading up to the MAAFA commemoration we will have our usual dedication, lecture and town hall discussion. I am excited and looking forward to celebrating all that God has done, is doing and will do through Pastor and People of Mount Aery Baptist Church.

God bless,

Pastor Anthony L. Bennett, D. Min.
Lead Pastor

IMPORTANT DATES

During this season of prayer, call in to the prayer line at 7:00am daily at 319-527-3510 and the callback number to 319-527-3518. The participant access code is 111933#. The calls are recorded so please mute your phone to eliminate background noise. Please note that long distance charges may apply.

The next New Disciples Class is Saturday, October 21 at 9am. For more information, call the church or see Sis. Fran Spinks or Sis. Kathy Adams. All info is in the Narthex.

Our next Child Dedication is Saturday, October 28th at 10am. Forms are available in the Narthex. All forms are due in the church office by Sunday, October 15th. The mandatory Parent meeting is on Tuesday, October 17th at 6:00pm.

MAAFA lecture, Wednesday, November 1st at 7pm Mark Charles

Night of Healing Town Hall Thursday, November 2nd at 7pm,

MAAFA Presentation Saturday, November 4th at 7pm

Seaside Sendoff Sunday, November 5th at 6:00am,

Worship Service Sunday, November 5th at 8:30am and 11am

Leadership Institute is Saturday, November 11th at 10am. Though all leaders are expected to be present, all are welcome.

Announcements

- **Message from the Mount** is seeking help with the printing of the MFTM and assisting in the print center. We will train. Please contact Deacon Henry Smalls if you have any questions and are willing to assist.
- **Our Strategic Planning Team** is ministering through social service by serving breakfast at the Merton House once per month. They are expanding this effort by serving every 2nd Saturday. **WE NEED YOUR HELP!** If you are interested in participating, please see Karen Whittington or leave your information in the church office.
- **Here's a new and exciting way** to join in worship with us. Follow us on Ustream.tv. Simply visit this link <http://www.ustream.tv/channel/mount-aery-baptist-church> or go the www.mtaerybaptist.org and scroll to the bottom to select the Ustream link there. Please be sure to pass the link to your friends and family as well so they can be blessed by our ministry.
- **Generation Next Youth Ministry** is calling all youth

ages 3-18. Youth Church for the 2017 year will be held at the 11:00 am services on 2nd and 3rd Sunday of each month! Please see Minister Michael Walton or Claudine Mosely-Walton for more information!

- **Chosen Generation** is inviting everyone from the ages of 13-27 to join this youth and young adult choir. Please see Brother D'Andre Haynes or Rev. Ina Alisa Anderson with your interest.
 - **Lost and Found** – Several pairs of glasses, sunglasses, bibles and other lost items are in the church office. If you have lost anything, please check the church office. Items may be given away if left any longer. Thank you.
 - **Deacons on Call** are Deacons DeWitt Smith & JeanBaptiste.
 - **Submissions of announcements and due dates:**
 - o **Message From The Mount**
 - Send information to mfim@mtaerybaptist.org by the second Wednesday after the first Sunday
 - o **Monitors in the Sanctuary**
 - Send information to media@mtaerybaptist.org by Wednesday before the Sunday you want the announcement
 - Please make sure that your announcement is in PowerPoint format.
- If announcements are not received by the due dates they may be omitted or placed in the next edition.
- **No Pork on Church Property**
 - o **For health, healing and sensitivity for those with health conditions**, no pork is to be brought on church premises (i.e. ministry affairs and/or catering).
 - **NO Food or Beverage in the Sanctuary**
 - o Please, please, please, do not bring food or beverages into the sanctuary. Parents, please feed infants and toddlers in the Wilson Hall or the Bass Hall. It is everyone's responsibility to be good stewards of the building that God has blessed us with. If you see anyone not being responsible, please get an Usher or a Deacon to handle the situation. Thank you.
 - **Parents**, while you are in worship, your children should be in worship next to you, unless Youth Church is in session. Teenagers have been wandering around the church and the younger children have been playing in the Quiet Room. **The Quiet Room is for parents with infants only. Please keep your children with you at all times.**

OUR VISION STATEMENT

To equip the disciples of Mount Aery Baptist Church with the biblical and relational wisdom for the spiritual, educational and social work of ministry beginning in the Hollow Section of Bridgeport, then spreading throughout the Greater Bridgeport Area. - *Ephesians 4:11-12 and Acts 2:44-47*

Edify ~ Equip ~ Engage

Hospitalization & Nursing Home

Please be aware that there are strict legal and ethical guidelines regarding giving out patient information. Therefore, if you are hospitalized and desire pastoral support, you or your family member must notify the church office in advance, if possible. When you are admitted, state your denomination and place of worship.

Clyde McLaughlin

The Carolton Chronic & Convalescent Hospital,
400 Mill Plain Rd, Fairfield, CT 06824

Mary Ryan

Northbridge Health Care Center, 2875 Main Street,
Bridgeport, CT 06606

Sandra Stephenson

Bridgeport Hospital, 267 Grant Street 9th fl East #9016,
Bridgeport, CT 06610

Roger Mullins, Sr.

Willows Rehabilitation and Nursing Center, 225 Amity Road,
Woodbridge, CT 06525

Frances Riley

Bridgeport Healthcare, 600 Bond Street, Room 525,
Bridgeport, CT 06610

Lemme McIntosh

West River Rehab, 245 Orange Avenue, Milford, CT 06461

Eunice Roundtree

Northbridge Rehab, 2875 Main Street, #322, Bridgeport, CT
06606

Please address all correspondences for the above disciples to the church and the administrative office will forward all mail. Thank you for your cooperation.

Welcome Song

Welcome to Mount Aery
We're so glad you came
You're welcome to
Mount Aery
Where everybody comes to
give God praise

Welcome to Mount Aery
Where the spirit
Of the Lord
Is moving free
Right here, at seven three (73)
Frank Street

Bereavement

- **Deacon Primus Jackson and family** on the loss of his cousin, Charles McCrary, in Greenville, SC.
- **Volney Bryant and family** on the loss of his brother in Jamaica.
- **Diane Tyner and family** on the loss of her uncle, Eugene Haynes at age 101 in Stamford.
- **Claudine Mosely-Walton and family** on the loss of her grandmother, Maude Holloway in Bridgeport.
- **Kathie Dennis and family** on the loss of her cousin in New York.
- **Jasmine Richards and family** on the loss of her mother, Nellie Archibald in Jamaica.

Please Pray for Our Healing List

Shirley Borum
Elease Breedlove
Isaiah Brown
Carol Carter-Mims
George Cauthen
Lucille Cauthen
Joan H. Colley
Elaine Craig
Tracey Nicole Craig
Deaconess Louise Cunningham
Richard Dailey
Frances Dicks
Ruth Hasty-Dove
Sandra Dunn
James Freeman
Deacon Minnie Grant
Ruth Harvin
Deacon Jeffrey Hill
Deacon Naomi Holmes
Deacon Primus Jackson
Unice Jones
Maria Knight
Cheryl Lewis
Jordan Alexander Lewis
Lemme McIntosh

Mary McRae
Autumn Mitton
Caleb Mitton
Spring Mitton
Edward A. Morris
Deacon Regina Mosely
Hadassah Nightingale
Austin Perkins
Eulalia Pettway
Terrance Quiller
Arthur Ragsdale
Waverly Ragsdale
Frances Riley
Esther Ryan
Rose Samuel
Sandra Simpson
Herb Sutton
Paula Watkins
Dorothy Watts
Barbara Wilson
Michelle Lisa Wilson
Jacqueline Tyson-Wright
Willie Mae Wright

HOW TO EXERCISE WHEN YOU HAVE BREAST CANCER

by Cathy Patton



October is Breast Cancer Awareness Month. It is a time to review the triumphs that have been made toward finding a cure. It is also the month to celebrate all those who struggle with, or have beaten this disease. Often times I have had women and men inquire about the correlation between beating cancer and exercising. First please know that as every person is different, so too is each situation of the illness, but on a whole, exercise has benefits that addresses the bodies need to get stronger and ward off illness. It also makes you feel really good about you.

There have been numerous articles and studies done to answer the question of exercise as it relates to breast cancer, but I found this one that anyone can really do and will not feel overwhelming to you. As always, when you have a partner to work with, it makes it a little easier. You can encourage each other.

The important thing is to keep moving and when you are tired, rest, and then start all over again. You got this!

How To Exercise When You Have Breast Cancer

Exercise cuts your odds of getting cancer or a recurrence. Try this simple workout as part of your treatment plan.

By Holly St. Lifer November 3, 2011

If you've gone through breast cancer surgery and treatment, working out is probably the last thing you feel like doing. In fact, as recently as 15 years ago, doctors actually would have discouraged you from exercising during and after treatment. But today the reasons to lace up a pair of sneakers are indisputable: Exercise can halve your risk of breast cancer recurrence, according to the Harvard Nurses' Health Study, and women who exercise are 50% more likely to survive breast cancer than those who don't work out.

What makes exercise such a potent breast cancer weapon? "To get breast cancer, you need a mutated cell—a cell you've inherited or one that's been damaged by radiation, a virus, or another carcinogen—and a local environment that's encouraging the cells to grow," says Susan Love, MD, a leading authority on the disease. Because exercise naturally decreases levels of inflammation, reduces stress, and helps you maintain a healthy weight, it changes your body chemistry, creating a less hospitable environment for cancer to grow. In fact, being active during your lifetime can reduce your risk of breast cancer by about 23%, according to researchers at the Harvard School of Public Health.

How Exercise Helps Cancer Recovery

Working out can reduce your risk of getting breast cancer, but if you do develop the disease, different types of exercise can also improve your recovery. Try these tested and proven suggestions for integrating fitness into your treatment plan every step of the way.

During Treatment: Stay Energized

Breaking a sweat boosts energy, emotional resilience, and physical strength—all of which you need during breast cancer treatment. One German study found that a group of cancer patients receiving high-dose chemotherapy who exercised daily for 30 minutes felt significantly less fatigue than those who didn't work out. They also experienced less fear and anxiety. And a study from Copenhagen found that a combination of cardio and strength training boosted energy in chemo patients. Any type of exercise can help. Just listen to your body and go at your own pace.

Immediately After Treatment: Stay Flexible

It's the removal of lymph nodes during a lumpectomy or mastectomy—not the excision of breast tissue—that's usually the source of post-op pain. You may be tempted to take a break until this underarm tenderness dissipates, but don't: Stiffness and a loss of range of motion can result if you don't commit to a stretching routine soon after surgery.

Here, three exercises created by Doreen Puglisi, an exercise physiologist, breast cancer survivor, and founder of the Pink Ribbon Program, a Pilates-based post-op exercise program. Starting 1 week after surgery, do the moves every other day or daily for best results. [pagebreak]

1. Spider Walk

Stand facing wall, about 8 inches away. Place fingertips of affected side of body on wall at hip level, palm facing down. Walk fingers up wall, climbing as high as you can. Hold hand in place for about 15 seconds. Relax arm; return to start. Do 5 reps; repeat with other arm.

2. Pendulum

Bend forward at waist and let affected arm hang toward floor. Make small circles with hand and let momentum move arm around effortlessly. Do 10 circles clockwise and 10 counterclockwise. Repeat with other arm.

3. Chest Stretch

Stand in a door frame. Press forearm of affected arm against frame, elbow at chest height. Gently lean forward until you feel a stretch. Hold for 30 seconds. Return to start. Do 5 reps. Repeat with other arm.

ENCHILADA CASSEROLE

by Jennifer Bruton, RDH, MS Master of Science, Human Nutrition

An alternative to nachos for football Sunday or an easy weeknight meal.

INGREDIENTS:

1. 1 1/2 lbs. ground beef or ground turkey
2. One 19 OZ. can of Red Enchilada sauce
3. One 15.5 OZ. Can Pinto Beans (rinsed and drained)
4. One small yellow onion chopped fine
5. One package Taco seasoning mix (I used low sodium)
6. One package of small corn or flour tortillas cut in half
7. Two cups shredded cheddar cheese
8. Toppings- optional (I used tomatoes and black olives.)
9. Salt and pepper
10. Cooking spray
11. One tablespoon olive oil

DIRECTIONS:

Preheat oven to 350 degrees

Spray a 9x13 casserole dish with cooking spray and set aside. Add one tablespoon of olive oil to a large frying pan, heat on medium high heat. Add one small yellow onion chopped fine. Cook until onion begins to sweat and starts to become translucent (approximately 5 to 7 minutes) Add ground meat to the pan cook until brown and no longer pink. Remove from heat and drain off excess fat. Return onion and meat mixture to pan. Add taco seasoning and 2/3 cup water. Mix together. Add rinsed and drained pinto beans. Cut tortillas in half. Place 1/4 cup enchilada sauce in the bottom of the casserole dish. Cover with 1/3rd of the tortillas. Place 1/2 of meat and bean mixture on top of the tortillas. Sprinkle 1/2 cup of cheese on top of the bean mixture. Cover with tortillas. Then add another layer of enchilada sauce, meat and bean mixture and cheese. Cover with remaining tortillas, enchilada sauce and cheese. Cover with foil, bake at 350 degrees for 30 minutes. Then remove foil, cook for an additional 10 minutes until the cheese is melted. Let sit for ten minutes before slicing into squares. Add toppings and serve.



MOUNT AERY CARES

by Rev. Kathy Williamson

Hurricane Harvey was a Category 4 storm that hit Texas on August 25, 2017. This hurricane caused an estimated, \$180 billion in damages. That's more than any other natural disaster in U.S. history, other than Hurricane Katrina. Hurricane Harvey has displaced over thirty thousand individuals, leaving families with minimal resources to start over. Because of the love and support of volunteers, congregations, and partners throughout the country, many of these families have been able to witness and experience the love of God even in the midst of tragedy.

For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me. Then the righteous will answer, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?'

Then the King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'

Matthew 25:35-40

Mount Aery's CARE Ministry has been in contact with vetted churches in the Houston area that are actively providing relief and recovery efforts for families. These churches have served over 5600 individuals with emergency food, baby necessities, household cleaning supplies and assistance with cleanup of homes and apartments. One of our partnering churches has converted one of their locations into a FEMA Disaster Recovery Center to support families through the process of seeking housing and aid.

The Mount Aery Missionary Ministry and CARE team will work collectively to ensure that we, as a congregation and

community of believers are answering the call of God through demonstration. We will partner with these churches providing financial support to assist with immediate necessities. We will provide these resources to The Church Without Walls where Dr. Ralph West is the Lead Pastor and our sister Rev. Jewell London, serves as Assistant to the Pastor. We will also provide support to Fresh Start Community Church where our brother, Rev. Troy Johnson serves as Lead Pastor.

How you can help:

Financial Contributions

Over the next three months we will be collecting monetary contributions to support families. Someone from the Missionary Ministry will be available in the Narthex in between services to direct you. All checks should be made out to Mount Aery Baptist Church. Please remember that every dollar counts and no dollar amount is too small. As you can imagine, this is a long-term effort. Long after the world moves on to other news, families will still be in recovery. Dependent upon the amounts collected, we are aiming to send monthly support over the next three months.

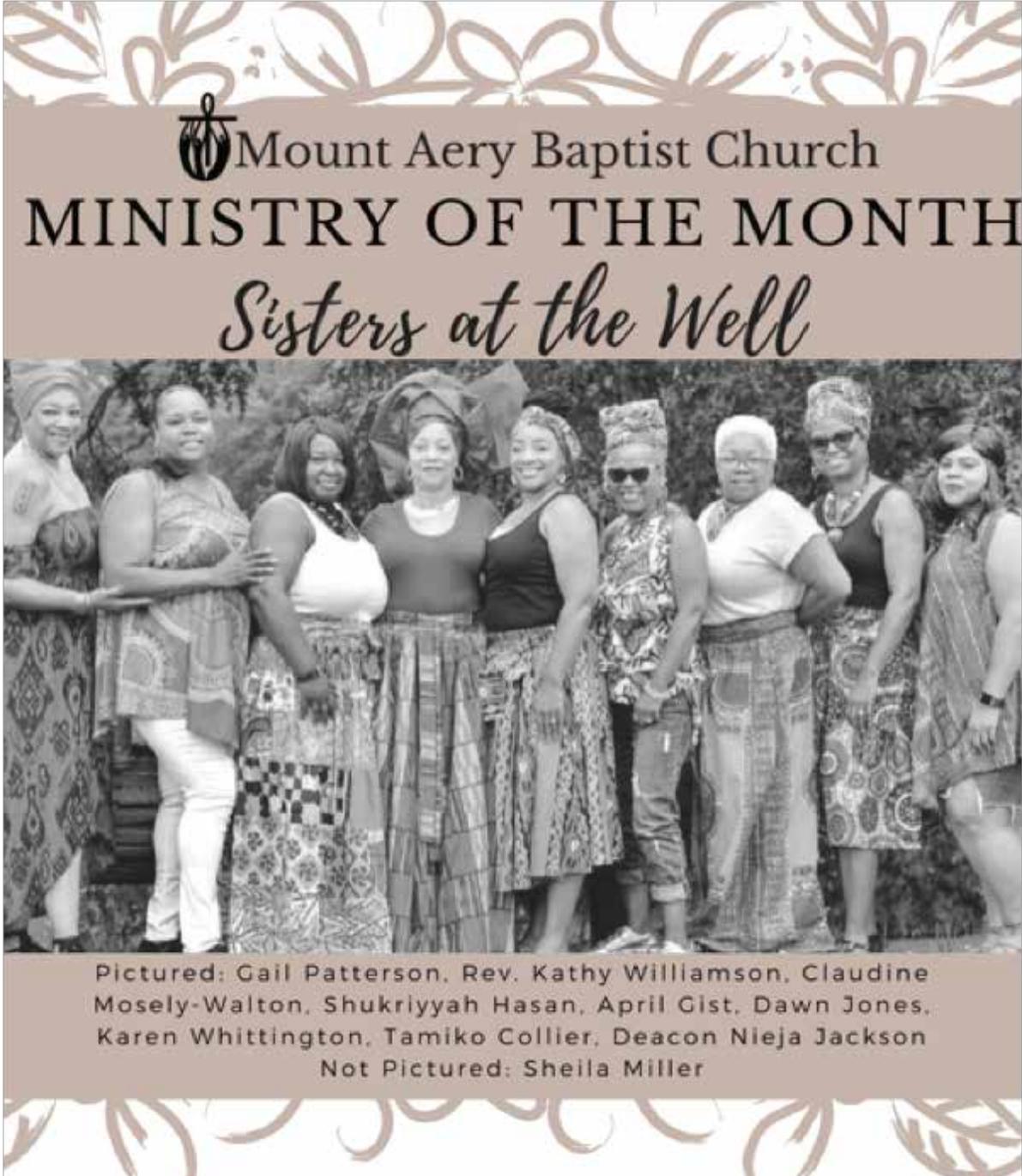
Gift Cards

Gift cards are also welcomed and encouraged. Because all stores available in Connecticut are not available in Texas, we ask that you purchase gift cards from the following:

Walmart
Home Depot
Lowe's
Target
Visa Gift Cards

With your support, we can help families begin to put the pieces of their lives back together.

MINISTRY OF THE MONTH



Mount Aery Baptist Church
MINISTRY OF THE MONTH
Sisters at the Well

Pictured: Gail Patterson, Rev. Kathy Williamson, Claudine Mosely-Walton, Shukriyyah Hasan, April Gist, Dawn Jones, Karen Whittington, Tamiko Collier, Deacon Nieja Jackson
Not Pictured: Sheila Miller

Our Mission is to minister and empower the mind, body, and spirit of our sisterhood.
Scripture John 4:10-14

Please join us for our next SAW gathering on December 9, 2017.

BOOK BAG GIVEAWAY SUNDAY



WHAT DANCING HAS DONE FOR MY LIFE

by Aliyah Green



My name is Aliyah Green, and I have been dancing for 12 years. I was always surrounded by dance growing up as a child. Both of my sisters, Paige and Jodi, attended dance classes. Between the ages of two and four, I began dancing in my living room to gospel songs that my parents would play. Once I turned five, my mom registered me into a ballet class taught by Timothy Fountain. Even though I disliked every minute of that class, it was needed in my dancing future. Many genres of dance are based off ballet movements. I took ballet up until I was seven. Later on, I didn't attend any official dance classes, however, that never stopped me from dancing at home as I was exposed to all genres of dance from my older sister Paige, who constantly practiced dance at home, and of course, I would mimic. At the age of twelve, I attended a dance ensemble class located at Neighborhood Studios of Fairfield County. That class was taught by Isaiah Little and Timothy Fountain. The teachers of that class and the students were very encouraging and

helpful on my journey through dance. People like Esther Taylor and Raquel Egea guided me to becoming a better dancer and person in general. They immediately became my family. I believe having students in your class that encourage you is a major part in becoming a professional dancer. I like to think that without supportive people, you really have a more difficult time of living up to your potential. My two teachers constantly pushed me to become the dancer that they knew I could be. While studying dance, I began to paint, and painting played a major role in who I am today. Painting from time to time, helped my dance moves become stronger. At the age of thirteen, I often created dances at home. A lot of my friends and family were extremely impressed with my talents. Their encouragement played a significant part on my dancing journey. I really do love dancing, and I wanted to share that with

people. I asked my mother if I could contribute to the dance ministry at Mt. Aery. She immediately supported me and my decision. Luckily, Resurrection Sunday was right around the corner. It was a major blessing to choreograph a dance for Resurrection Sunday. However, I can't say I completed the dance by myself. I had the help of my sister, Paige Green, and two of my close friends, Jaden and Lauren. Performing the choreography for Resurrection Sunday was a true blessing because I touched the lives of many people in the congregation. Choreographing an entire dance for church encouraged me to dance more and more. The songs I chose and the choreography I created gradually became more and more deeply surrounding the issues in this world. Many of my friends and family saw the change in me as well. Coming from a teenager's point of view, I constantly saw failure in today's society; therefore I danced through my pain. Later on, dancing wasn't enough, and neither was painting. One late night I went to my Notes App, and began typing. Before I could even realize it, I was creating deep poems about issues that I see in today's world. Now that I was painting and writing, my choreography began to come to life. At the age of fourteen, I deal with a lot, and balancing can be extremely hard. Times that I didn't want to face the world, I danced my way through it. I use my talent as a shield from things I know I can push through. I am proud of who I've become. I did not choose dance as my passion or purpose, God chose dance for me.

BRAIN TEASERS

Stars; A Mountain; An Oyster; A Coffin; Time; A Shadow;
Nothing; Light; A Computer; A Candle; A Windmill; A Map

Poem Riddles

1. I am small as an ant and big as a whale, I can soar through the air like a bird with a tail. I can be seen by day and not by night; I can be seen with a big flash of light. I follow whoever controls me by the sun, but I fade away when dark fell like a ton. What am I?
2. It's so strong, it does not break. It's so powerful, it penetrates a lake. Sometimes it's weak as a twig left out in the sun. It's so wonderful it gives us the power to have fun. What is it?
3. What has roots that nobody sees is taller than a tree, up, up it goes and yet never grows?
4. When I'm young I'm tall. When I'm old I'm short. When I'm alive I glow. Because of your breath I die. What am I?
5. What does man love more than life, fear more than death or mortal strife, what the poor have the rich require, and all contented men desire. What misers spend and spendthrifts save, and all men carry to the grave?
6. He who builds me doesn't want me, he who buys me doesn't use me, he that uses me doesn't know he's got me. What am I?
7. You may enter, but you may not come in, I have space, but no room, I have keys, but open no lock. What am I?
8. Rough and gray as rock, I'm plain as plain can be. But hidden deep inside there's great beauty in me. What am I?
9. I have streets but no pavement, I have cities but no buildings, I have forests but no trees, I have rivers yet no water. What am I?
10. I have four wings, but cannot fly, I never laugh and never cry; On the same spot I'm always found, toiling away with little sound. What am I?
11. In the dark they are found without being fetched, in the light they are lost without being stolen. What are they?
12. What kills kings, what makes mountains crumble, and makes all life come to an end?

Source: [squiglyplayhouse.com/Brain Teasers](http://squiglyplayhouse.com/Brain%20Teasers)

I HOPE YOU DANCE

by Lee Ann Womack

I hope you never lose your sense of wonder
You get your fill to eat but always keep that hunger
May you never take one single breath for granted
God forbid love ever leave you empty handed
I hope you still feel small when you stand beside the ocean
Whenever you get the choice to sit it out or dance

I hope you dance, I hope you dance

I hope you never fear those mountains in the distance
Never settle for the path of least resistance
Livin' might mean takin' chances, but they're worth takin'
Lovin' might be a mistake, but it's worth makin'
Don't let some Hellbent heart leave you bitter
When you come close to sellin' out, reconsider
Give the heavens above more than just a passing glance
And when you get the choice to sit it out or dance

I hope you dance, I hope you dance

Dance.

WORD SEARCH

by Deacon Kathy Tabb-Small

"God's Reward Attained thru Christian Engagement, our new section designated for our seasoned saints. Enjoy!!!!

HONOR

N E E Q W Y E E G E A Y A D D M E R I T
O B B X P H S G T L R N H K I A X C G B
I J H C A I E U I H Y B W T S G N U H U
T T S C A L L F E T Y O S B T N T K E Q
I D C R P A T X T T S D S N I H S R V B
N K P E S Q X H A S B E X R N D O Y L V
G E I X P V E D R P E I R Z C R A R L A
O G X L F S T E O Y R T K P T A L R C O
C K U D O S E C M G C I X R I W T C F S
E T I D E R C R E L B A D E O A O N N E
R D R A W E R X M O L B G E N L M V S R
I W F Q Y O J I M R C I K E A U C T O O
W V Q X E H M D O Y M M A D L R E S Q N
S R K Y U V H N C L T E E H I E X Q Q O
A T M B P L E A S U R E D B M X W V G H
A S D F T C P Z E T A S B A I S E R N D
P R I V I L E G E E Y O X N L M Y N Y P
M H R R Y M Y S P I N B O O Y U W P M V
G G J S X L G W L E N Y R I U J C A Z G
J Z F I X H Q K E I J W S X F Q T X B B

ACCOLADE

AWARD

COMMEMORATE

CREDIT

DISTINCTION

ESTEEM

EXALT

GLORY

HAIL

HONOR

JOY

KUDOS

LEGACY

MEDAL

MERIT

PLEASURE

PRAISE

PRESTIGE

PRIDE

PRIVILEGE

RECOGNITION

RESPECT

REWARD

RIBBON

SALUTE

VISITATION & BEREAVEMENT MINISTRY AT WORK

FEATURING BROTHER ROGER MULLINS, SR.

by Sadie Bristow

Brother Roger Mullins, Sr., a long-time disciple of Mt. Aery Baptist Church, is a resident of Genesis Health Care /The Willows in Woodbridge, CT. He receives weekly visits from Brother Volney Bryan, who is partnered with Sister Sadie Bristow of the Visitation & Bereavement Ministry.

As Brother Mullins was a long-time participant of the Men's Fellowship Ministry, Brother Bryan invited a few members of the Men's Ministry to accompany him on one of his visits to see Brother Mullins.

Brother Mullins worked for the former Carpenter Steel for 35 years. He belonged to the Regular Fellows Social Club. Brother Mullins, a widower, has three sons and is an avid Mets fan. He is a man of God, generous to his family and friends.

Pictured with Brother Mullins and his nurse, Julie, are Deacon Leroy Haggans, Brother Volney Bryan, Brother Truman Small, and Brother Lonnie Spaulding.



ARE YOU SATISFIED WITH THE CURRENT STATE OF YOUR FINANCES?

By Michele Bryant

Namaste, my sisters and brothers!

I have a question for you, are you satisfied with the current state of your finances? The question is not are you wealthy, rich, or even well off, but are you satisfied with your finances? My definition of satisfied in this instance is do you have enough income to pay your major bills and meet your needs like rent/mortgage, grocery, electricity, car note, insurance, etc., with some left over to apply to your wants such as saving for a rainy day, vacations, etc.

I suspect that if the church audience were polled today, many would raise their hands and say no, I am definitely not satisfied! There are many reasons why that could be: you or your spouse may be out of work now, or have been in recent months or years; there may have been unexpected (aren't they always unexpected?) expenses related to your home, car, children, or other family members, or, in this current economic landscape, your wages are simply not enough to comfortably pay for the necessities in life without robbing Peter to pay Paul. Another possible reason is that you make enough to pay those bills, but you don't know how to manage your money because you were never taught how to manage your money. When Paul is paid and Peter is not (and sometimes neither is paid because we have to pay John!), the bills get behind and the collectors start calling. I get it and I've been there.

I Timothy 6:10 is often misquoted as "Money is the root of all evil" but money most certainly is not. From the beginning of time, some form of currency has been necessary to survive in society and when viewed and managed through the lens that God intended, money is a magnificent tool for our use. The scripture instead reads "For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs." Consequently, the love of money can be part of our problem, leading us down treacherous paths because of what we do to get money and how we treat it when we get it. And today's culture, with its visibility into the lives of others through television and social media in a manner that we've not seen in

history, can lead us to envy and covet material possessions such that even when God has blessed us with enough to meet our needs, we fail to realize it.

So by now your question for me is, what is the answer, what's the solution, and how do we begin to fix this problem that can be stressful at best, but life altering (think eviction or foreclosure) at worse?

Many of us are familiar with Malachi 3:10: "Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the LORD Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it." Is that the answer?? Ultimately yes, but let's face it, bringing any of the tithes into the storehouse can be hard to do if you have that Peter/Paul/John problem that I described earlier. God wants us to walk by faith in this area of our life, following the principle of first giving back to Him a portion of what He allowed you to have in the first place. When He knows that He can trust you with a little, I am a witness of how He will "pour out so much blessing".

My aim in this and future messages is to begin to change the lens by which you view your relationship with God, specifically as it relates to your finances, and to give you practical advice and guidance to follow, along with resources that you can access to help you on this journey of entering into a tithing covenant with God. I write this message with conviction after many years of tithing, starting when I had more bills than I could count and a collector or two calling but still decided to tithe 3% of my income on a regular basis. I could not see how in the world I could give 10% but I decided that I could give 3% and asked the Lord to understand! He did and I saw that I didn't miss the 3% or if it was tight between pay checks, He always made a way. The 3% grew to 5% then 7%, 8%, 9% and now 11%! I can tell you that every year I have seen increase in my finances and I know that this is because I've been faithful in returning to God what is His.

I'll share more of my story later but I want to end by sharing

the testimony of a long time member of Mt. Aery, Sister Leona Thompson, who shared with me the powerful demonstration of how God will respond when you “Test Him in this”.

When Leona started her faith walk in 2003, she had an unquenchable thirst to know about this God she vowed to serve. She arranged her daily life activities so she could commit to attending Bible Study every Wednesday, and she attended the Spiritual Gifts classes and later worked in the ministry. She was invited to join the Sisters at the Well Ministry and served for several years before moving to the Trustee ministry.

After several lessons on tithing with Pastor Bennett and Pastor Thomas Williams she began tithing. She started by committing to 5% and increasing every year. Eventually she reached the 10% level and the blessings continued to flow. As sole provider of her household, she began to think about

retirement, which was quickly approaching. She had always had a desire to reach a level of income that once seemed impossible to achieve. Her prayer was that she had been a good and faithful servant and she trusted God and His word. She believed that if He said it He would do it so she “tested Him”. She prayed about it and decided that she would start to tithe as if she already earned the salary that she hoped to earn by retirement. Leona faithfully tithed at this new level for three years, and with each pay increase, came closer to the income goal. After 3 years, the Lord honored her request and she achieved the pay level that she desired!! In these times of job loss and pay cuts, Leona saw her income progressively rise to the amount that she asked God to deliver.

So the first step is to start with prayer. Look at your situation and open your heart to God. Make Him Lord over your finances and give Him reason to trust you with more of His bounty!

financial freedom

BEING PREPARED FOR NATURAL DISASTERS

by Deacon Henry C. Smalls, Jr

Namaste Brothers and Sisters! The major goal of the MABC Security Team is to provide a safe environment for you and your family here at The Mount. This starts with keeping you informed, but remember, security is everyone's responsibility. In this installment, we will cover being prepared for storms and natural disasters and creating a "Go" Bag.



In light of Hurricanes Harvey, Irma, Jose, Maria and the devastation caused by them all, I wanted to give everyone something to think about and things you can do in order to be prepared. You know every time we are about to have a winter storm or any type of Nor'easter, you go to the grocery store and the shelves are bare. Well, this installment should help you have on hand, essential items so you won't have to scramble at the last minute. Please continue to pray for all those impacted by Hurricanes Harvey, Irma, Jose, and Maria, as well as the Earthquake in Mexico.

Make A Plan

Make a plan today. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

Step 1: Put together a plan by discussing these 4 questions with your family, friends, or household to start your emergency plan.

1. How will I receive emergency alerts and warnings?
2. What is my shelter plan?
3. What is my evacuation route?
4. What is my family/household communication plan?

Step 2: Consider specific needs in your household.

As you prepare your plan tailor your plans and supplies to your specific daily living needs and responsibilities. Discuss your needs and responsibilities and how people in the network can assist each other with communication, care of children, business,

pets, or specific needs like the operation of durable medical equipment. Create your own personal network for specific areas where you need assistance. Keep in mind some these factors when developing your plan:

- Different ages of members within your household
- Responsibilities for assisting others
- Locations frequented
- Dietary needs
- Medical needs including prescriptions and equipment
- Disabilities or access and functional needs including devices and equipment
- Languages spoken
- Cultural and religious considerations
- Pets or service animals
- Households with school-aged children

Step 3: Fill out a Family Emergency Plan

Download and fill out a family emergency plan or use them as a guide to create your own.

- Check the spindle in the Narthex for a Family Emergency Plan

Step 4: Practice your plan with your family/household

Storm & Hurricane Prep: 15 Essentials for your "Go" Bag
The top 15 items to pack for a disaster and why you'll be glad you brought them.

Whether you choose to keep this bag prepped and ready to go at a moment's notice or plan to pack it up at the sign of a storm watch, make sure your "go" bag is stocked with these disaster essentials. Here are some of the most important items to keep in your bag, according to the NRDC.

1. Water-Proof Bag – Your bag should be large enough to fit all of these essentials and durable enough that it can weather a storm — literally. Look for a large duffel bag that is water proof and has pockets for organizing all of the little details you don't want to be without when you need to hit the road.

2. Important Documents – Come rain or shine, you definitely don't want your important documents (think: birth certificates, passports and the like) to be lost, or worse, destroyed. Keep them protected by making sure they're always together and in a flame- and water-proof container.

3. Evacuation Routes – It's important to make sure you have an evacuation plan the whole family is aware of, and that it is clearly marked on some maps kept safely inside your "go" bag.

4. Cell Phones – If your family gets separated or is split up between multiple vehicles, having cell phones will make keeping track of each other easy. In your “go” bag, store extra chargers so you don’t have to worry about losing juice in the middle of a call or trying to send a text message.

5. Petty Cash – Should the power go out all across town and card-readers stop working, you want to have between \$50 and \$100 in small bills at the ready. Keep the cash in a labeled envelope so you can access it easily.

6. Keys – The last thing you want to be doing when you’re fleeing a storm is hunting for your spare keys. Keep an extra set of car and house keys in your “go” bag so you don’t run around the house in full panic.

7. Food and Water – Hopefully you won’t go long periods of time without access to food and water, but it’s better to be prepared than to not have it when you need it. Pack several bottles of water (a general guideline is two gallons per person per day



you expect to be gone) as well as non-perishable foods like granola bars.

8. Pet Food and Bowls – Just as you should plan to have food and water for your family members, don’t forget to pack provisions for your pets!

9. First-Aid Kit – Including a first-aid kit in your “go” bag almost goes without saying, but we’ll say it anyway: pack a first-aid kit and don’t forget to have extra medication for anyone in your family that requires it. And while you’re at it, the first-aid kit is a good place to keep a list of all family medications (including dosage) and the reason for taking it, just in case you have a medical emergency and need to tell a doctor.

10. Toiletries – If you’re going to be spending a few days together as a family in the same vehicle, deodorant is a must. Be sure your bag is prepped with personal hygiene supplies for everyone.

11. Battery-Powered Radio – In the age of smartphones and tablets, a battery-powered radio may seem archaic, but it’s still on many “go” bag lists as a must-have item (along with extra batteries!), including this one from the NRDC.

12. Flashlight – When the power goes out and it’s dark out, you’ll be reaching for a flashlight. With advancements in light

bulb technology, go for an LED bulb, which lasts longer than traditional lights.

13. Can Opener – Since canned foods don’t need refrigeration, they’re often a go-to for food in emergency situations. Don’t be caught without a means to open them — be equipped with a hand crank can opener (you’ll be glad you packed it when the electricity goes out on your electric can opener).

14. Fresh Clothes – Should you be evacuated for several days, you’ll want a fresh set of clothes to change into. Have a set packed for each member of the family; they’ll come in handy should you need them.

15. Medication – Pack at least a seven-day supply of any necessary medications when you evacuate, the Red Cross recommends. If your pets take medication, be sure to include some in your “go” bag as well.

Aside from the above items, FEMA also suggests considering adding the following to your emergency supply kit:

1. Prescription glasses
2. Infant formula and diapers
3. Emergency reference material such as a first aid book or information from www.ready.gov
4. Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
5. Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
6. Fire Extinguisher
7. Matches in a waterproof container
8. Mess kits, paper cups, plates and plastic utensils, paper towels
9. Paper and pencil
10. Books, games, puzzles or other activities for children
11. Extra batteries for your radio and flashlight
12. Whistle to signal for help
13. Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
14. Moist towelettes, garbage bags and plastic ties for personal sanitation
15. Wrench or pliers to turn off utilities

References:

www.ready.gov/

Go bag:

*Affinity Loss Prevention Services
By Ashleigh Schmitz Morley*

Go bag picture: Global Industrial



MR. FRANK E. BRIDGEFORTH



Mr. Frank E. Bridgeforth was born on October 20, 1927, right here in Bridgeport, Connecticut, across from Mount Grove Cemetery, to the late Edward Bridgeforth and Viola Lee Smith. Mr. Bridgeforth shares that his father worked as a truck driver for Chris Rickert down on Howard Avenue in Bridgeport, and was also a pitcher and 1st baseman for the local Bridgeport semi-pro baseball team, The Park City Giants. He states that his father tried out for the Negro National League, but he was 10 pounds under-weight. Mr.

Bridgeforth is a WWII Veteran. At the age of seventeen, he went into The United States Navy at the end of 1945. The first ship he was on was a cargo ship called the Liberty Ship, U.S.S. , which he states was the worst ship he had ever sailed on. Because the Japanese and the Germans were destroying so many U.S. ships, other transport ships were required, therefore they had to acquire more ships and a lot more supplies. He went off to the Pacific on the Liberty Ship, and then boarded a transport ship called The Filmore U.S.S. APA. (APA after a ships name means: "attack transport" ship). Mr. Bridgeforth states that this ship was loaded with Marines, airplane parts, and a whole lot of other parts that they were bringing over. Mr. Bridgeforth shares that he has traveled all over Japan-- from the northern tip to the southern tip, stationed on most of the islands. He shares that he had been to Korea twice in 1945 to drop off troops. He also traveled to the Philippines in 1945 to drop off troops in Okinawa.

In his words: "I left most of my ship papers at home, and I keep in touch with one of the fellows - well, there were two of them. One brother from my ship -- he lives in Philadelphia. He came to visit me after we got out. As a matter of fact, he visited me twice, -- I think it was. And now there's another fellow. He's in Waco, Texas, and we keep in touch. He just sent me a picture of him and me when we were aboard ship. Him and I -- we both look like little kids. I just sent him a picture of me, and we looked like little kids. We look like we're playing 'sailor.' On Thanksgiving Day 1945, there was a mine coming toward the ship, and he was one of the gunners that shot the mine away from the ship and blew it up. I had two jobs. I had a military job and a specialty. I was with cooks and bakers aboard ship and a gunner firing a twenty millimeter. And if I wasn't doing that, I was feeding the ammunition into the battle stations. It was nice. I really enjoyed it. I wouldn't give anything for the experience and just the knowledge that I learned when I went overseas. I lived in all the countries, seeing how the people live, trying to learn a little teeny bit of their language, just to get along."

Mr. Bridgeforth left the Navy in July of 1946 with the rank of Steward Mate 1st Class which consisted of three stripes. He was going for 3rd Class, with cooks and bakers, but was discharged before he got promoted. Mr. Bridgeforth states that when he came home to Bridgeport, it seemed like nothing had changed. The same guys that were there when he left -- they were still there. People were standing

on the corner. The only thing different was they might have had different clothes on. They were just standing around. They weren't working when he left, and when he came back, they still weren't working. And yet, there were quite a few jobs. When he came out of the Navy, he went back to school under the G.I. Bill for a few months, but caught the "wanderlust" (desire to travel), and re-enlisted in the U.S. Air Force, about a year later. Mr. Bridgeforth states he completed the G.E.D. exam on Okinawa islands in 1948 or 1949. He remained in the Air Force for 8 years and discharged as a Staff Sergeant.

Mr. Bridgeforth is an active member of Mt. Aery Baptist Church and has worked many jobs in the Bridgeport area since his high school days. For the past 11 years to present, he has been employed by Walmart in Stratford, CT.

Personally, as a retired U.S. Air Force Technical Sergeant, I realize that Mr. Bridgeforth paved the way for me and many other African American men and women who have proudly and bravely served our country and who still serve today. Mr. Bridgeforth is a wealth of knowledge and an extremely nice man, who we say thank you to, for allowing us to stand on your shoulders, and "Thank you for your service", Staff Sergeant Frank E. Bridgeforth!

To experience the entire historical story about Mr. Frank E. Bridgeforth, go online to <http://www.bridgeporthistory.org> Thank you. Be well!

Resource: <http://www.bridgeporthistory.org>



OCTOBER 2017

October 1st

Baskin, Jerome
Burton, Camille
Clark, Janqwaja
Gouveia-Simmons,
Patricia
Kelley, Jean
Reid, Kenneth

October 2nd

Clark, Brandon
Diggs, Melissa
Gist, Monique
Smith, Alicia
Torres, Anthony
Walker-Randolph, Gloria

October 3rd

Hall, David
Plummer, Maxine
White, Johnny

October 4th

Codianna, Jayden
Council, Martha
Hardison, Dora Ann
Jones, Tracey
Rowe, Linda

October 5th

Brooks, Lajasha
Brown, Edith
Brown, Marlon
Gomes, Rishaud
Myrie, Monica

October 6th

Cook, Monique
Gray, Catrene
Kullock, Tsimani
Marte, Digna
Moore, Michael
Tawney, Maisha
Thomas, Genaysha

October 7th

Bramwell, Miriam
Febres, Luis
Gibson, Jarrel D.
Lee, Gloria
Sims, Trey
Stephenson, James
Webb, Tianna

October 8th

Brown, Kirya
Ellis, Jerome
Jeune, Ashley
Johnson, Sherry
Jones, Christopher
Nolen, Eugene

October 9th

Blue, Carolyn
Foote, Hugh
Ortiz, Diana

October 10th

Diaz, Dawn
Hargrove, Brittney
Harris, Lisa
Johnson, Ramir

October 11th

Ariwoola, Abisola
Smith, Rufus
Underwood, Marie
Webb, Tafari
Williams, Diane

October 12th

Blake, John
Cuttino, Linda
Hudson, Derek Trent
King, Rakeema
Perry, Denise
Raiford, James
Walton, Marquis

October 13th

Adorno, Juanito
Gordon, George
Johnson, Laurryn
Kearney, Rhonda
Simpson, Raushiek

October 14th

Belle, Mary
Cohen, Tara
Deslandes, Karen
Jones, Renecia
Joseph, Harley
Sims, Tanya

October 15th

Beard, Jonathan
Braxton-Steele,
Gloradine
Ford, Jasmine

Fuller, Natesha
Greene, Walter
Hudson, Alana
Jones, Dawn
Rollins, Morgan

October 16th

Bravo, Earl
Brown, Robert
Cox, Doretha
Diaz, Blair
Ford, Quinton
Reyes, Latonya
Reyes, Monique
Snell, David

October 17th

Gatling-Moore, Angela
Martin, Kevin
McIntyre, Kateiyana
Reid, Vera
Vann, Danny
Wilson-McCallum, Mary

October 18th

Crawley, Dolores
Moreland Russey,
Ashley
Pittman, Evan
Sargent, Melissa
Stanley, ShaQuita
Wilson, Taylor

October 19th

Dumas, Kimberly
Elliott, Louise
Hamilton, Larry
Hasan, Shukriyyah
Rawlings, Tarasia

October 20th

Bradley, Coreew
Bridgeforth, Frank
Bryon, Brenda
Clarke, Omar
Mathews, Torance
McFadden, Jonathan
McKinney, Rose
McNeil, Sandra
Moore, Lillie
Robinson, Barbara
Robinson, Calvin
Taliaferro, Janai

October 21st

Hopkins, Lena
Jones, Alvin
Turner, Andre
Vermont, Jr, Terence

October 22nd

Adams, Betty
Anderson, Tahirah
Barnwell, Marlin
Custis, Bonny
Greene, Ammie
Johnson, Roponza
Lloyd, Ida
Oliver, Jacqueline
Oliver, Jennifer
Salter, Eric

October 23rd

Carr, William
Cathey, Linda
Frances, Kerry-Ann
Franklin, Bridget
Jones, Emma
Kennedy, Willie Dell
Nolen, Olivia
Perkins, Austin
Riddick, Willesha
Seawright, Judah
Spinks, Frances

October 24th

Douglas, Tina
Gardner, Jerrold
Grant, Sandra
Johnson, Milton
Langston, Dion
Shelton, Tonya
Walker, Latoya
Williams, Celia

October 25th

Austin, Paula
Dicks, Alexandra
Gardner, Teddy
Jones, Lela
Kennedy, David
Young, Karen

October 26th

Fortson, Thelma
Gill, Shantake
Goodwin, Ethel
Griffin, April
Johnson, Shamtake

Krochko, Robert
McIntosh, Margaret
Randolph, Antonio
Thompson, Renee
Turner, Lamonica
Williamson, Troy
Young, Bernard

October 27th

Greene, Milla
Lockley, Cayolyn
Phillips, Zenovia
Smith, Shade
Watson, Sarah
Wilson-Colbert, Angela

October 28th

Grant, Dane
Liggins, Toni
McClain, Wanda Collins
Minor, Deborah
Sanchez, Luis
Terpack, Mary Ann

October 29th

Carr, Dionne
Gray, Barbara
Hull, Rachel
Hurst, Peter
Randolph, Duane
Rogers, Cecil
Taylor, Anitra
Williams, Calvin
Wilson, Eddie

October 30th

Clinton, Carmelita
Givan, John
Green, Serena
Starrad, Loretta
Wilson, Jeneene

October 31st

Brantley, Denise
Bullock, Tai
Ellis, Sylvadra
Gray, Edward
Langston, Dawn
Lanham, Rodney
Perez, Sylvia
Poppa, Denise
Wilborn, Kendall

OCTOBER 2017 ~ JOURNEYING AFTER PENTECOST

Organized Prayer Time

Prayer time is 7:00am to 7:10am beginning 10/1/2017 through 10/31/2017. Conference Dial-in Number: 319-527-3510, Participant Access Code: 111933#. See Rev. Alicia Tyson-Sherwood for more information. **To playback prayer: 319-527-3518, access code is 111933#.** **This is not a toll free call, Long Distances Charges May Apply.** Note: Do not announce yourself if you call after 6:58am. Please mute your phone so that prayer will not be disturbed. **Ephesians 4:11-13 NIV Reference number for October 1, 2017 is 2069#**

| SUN | MON | TUE | WED | THU | FRI | SAT | |
|---|---|---|---|---|--|--|--|
| 1 Exodus 17:1-7 Pastor Bennett | 2 Philippians 1:3-14 Sis. Barnes | 3 Philippians 1:15-21 Rev. Tucker | 4 Matthew 9:2-8 Deacon N. Jackson | 5 Coloss. 2:16-23 Pastor Williams | 6 Psalm 19 Rev. Sherwood | 7 John 7:40-52 Deacon Gardner | |
| 8 Exodus 20:1-4, 7-9 Sis. L. Smith | 9 Deuteronomy 8:7-18 Sis. Green | 10 2 Corin. 5:17-21 Rev. Williamson | 11 John 11:45-57 Deacon Paul | 12 1 Peter 5:1-5 Sis. Hasan | 13 James 4:4-10 Sis. Gist | 14 Mark 2:18-22 Bro. D. Smith | |
| 15 Exodus 32:1-14 Deacon J. Seawright | 16 Jude 17-25 Deacon D. Seawright | 17 Philippians 3:13-4:1 Deacon JeanBaptiste | 18 John 6:25-35 Min. Blackwell | 19 3 John 9-12 Deacon Cotter | 20 1 Peter 5:1-5 Deacon P. Jackson | 21 Matthew 14:1-12 Rev. Kingwood | |
| 22 Exodus 33:12-23 Deacon Vermont | 23 Revelation 18:1-10 Bro. H. White | 24 Revelation 18:21-24 Sis. Ellis | 25 Matthew 17:22-27 Rev. Kearney | 26 Titus 1:5-16 Deacon Hurst | 27 Titus 2:7-8, 11-15 Bro. Newton | 28 John 5:39-47 Sis. Langley | |
| 29 Deut. 34:1-12 Min. Walton | 30 James 2:8-13 Deacon Adetona | 31 James 2:14-26 Deacon A. Febres | RECLAIMING OUR TITHES | | | | |
| | | | RECLAIMING OUR LOVE | | | | |

October 2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|-----------|--|
| 1 7:45 AM Prayer 8:30 AM Worship Celebration 9:45 AM Mount Aery Cafe 10:00 AM Sunday School 11:00 AM Worship Celebration | 2 | 3 6:00 PM MAAFA Rehearsals 7:00 PM Music Ministry Rehearsal | 4 12:00 PM Daytime Bible Study 7:00 PM Bible Study | 5 6:00 PM MAAFA Rehearsals 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal | 6 | 7 8:30 AM Men's Fellowship Ministry Mtg. 10:00 AM Ministers' Meeting 12:30 PM Music Ministry Rehearsal |
| 8 7:45 AM Prayer 8:30 AM Worship Celebration 10:00 AM Sunday School 11:00 AM Worship Celebration 11:00 AM Youth Church | 9 6:00 PM Fellowship Ministry Meeting 6:30 PM Strategic Planning Meeting | 10 6:00 PM MAAFA Rehearsals 7:00 PM Music Ministry Rehearsal | 11 12:00 PM Daytime Bible Study 1:00 PM Quilters 7:00 PM Bible Study | 12 6:00 PM MAAFA Rehearsals 6:30 PM Deacon Min. Mtg. 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal 7:00 PM Ushers | 13 | 14 8:30 AM Men's Fellowship Ministry Mtg. 10:00 AM CORE Team Meeting 11:00 AM Security Training 2:00 PM Evelyn Hayes Wedding |
| 15 7:45 AM Prayer 8:30 AM Worship Celebration 10:00 AM Sunday School 11:00 AM Worship Celebration 11:00 AM Youth Church | 16 | 17 6:00 PM Child Dedication Parent Mtg. 6:00 PM MAAFA Rehearsals 7:00 PM Music Ministry Rehearsal | 18 12:00 PM Daytime Bible Study 7:00 PM Bible Study | 19 6:00 PM MAAFA Rehearsals 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal | 20 | 21 8:30 AM Men's Fellowship Ministry Mtg. 9:00 AM New Disciples Ministry Class 12:15 PM Baptism Class |
| 22 7:45 AM Prayer 8:30 AM Worship Celebration 10:00 AM Sunday School 11:00 AM Worship Celebration | 23 | 24 9:00 AM System of Care Training 6:00 PM MAAFA Rehearsals 7:00 PM Music Ministry Rehearsal | 25 12:00 PM Daytime Bible Study 1:00 PM Quilters 7:00 PM Bible Study | 26 6:00 PM MAAFA Rehearsals 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal | 27 | 28 8:30 AM Men's Fellowship Ministry Mtg. 10:00 AM MAAFA Child Dedication Ceremony |
| 29 7:45 AM Prayer 8:30 AM Worship Celebration 10:00 AM Sunday School 11:00 AM Worship Celebration-Baptism | 30 | 31 6:30 PM Deacon Min. Mtg. 7:00 PM Music Ministry Rehearsal | | | | |

F.R.A.N.GELISM SUNDAY

**BRING A FRIEND, RELATIVE, ACQUAINTANCE, OR
NEIGHBOR TO CHURCH!**

SUNDAY, OCTOBER 15, 8:30AM & 11AM WORSHIP CELEBRATIONS

**MOUNT AERY BAPTIST CHURCH
73 FRANK STREET, BRIDGEPORT, CT 06604
PASTOR ANTHONY L. BENNETT, D.MIN., LEAD PASTOR
WWW.MTAERYBAPTIST.ORG**

